

NAAP Training Regulations (10 December 2012; 25 February 2015; 15 February 2018)

Governing Bodies of the Training:

On behalf of NAAP, Training will be managed and administered by the Training Committee, which will assign Selection Committees to assess individual applicants. The Training Committee will consist of three members, chosen at the General Meeting (by simple majority) for a term of four years. Their mandate can be renewed, serving two terms consecutively (a maximum of eight years) possible to be chosen after two years absence. The Training Committee chooses a chair. The Training Committee is responsible for the organization of training activities and for the administration of the training.

Selection Committee: Each Selection Committee will be composed of two NAAP members (the Training Committee holds the right to invite a third, external IAAP member). The Selection Committee formation is per applicant and by appointment of the Training Committee - all members will have a minimum of five years experience. The Selection Committee reviews the application, interviews the applicant and brings out an advice for ratification by a general meeting of NAAP.

The NAAP Code of Ethics applies to the training and selection. The Appeals Guidelines are applicable for petitions not specific to the Code of Ethics.

I. Admissions requirements:

1. 150 hours (at the time of submission) of personal analysis with IAAP analyst(s), which is ongoing.
2. Advanced academic degree, minimum Masters.
3. One year clinical experience.
4. Duly licensed to practice in the Netherlands as: psychotherapist, psychiatrist, clinical psychologist, GZ-psychologist.
5. Exceptions may be considered under certain - tightly restricted – circumstances.

II. Admissions procedure:

1. Applicants who have met the above requirements will be considered for admission the whole year.
 - a. Application includes: cover letter; transcripts (diploma) from last completed degree; letter from personal analyst(s) stating dates and hours of analysis (including number that were face-to-face, phone); curriculum vitae; confirmation of clinical qualification and experience; biographical essay that includes the applicants motivation for entering training.
 - a. Application is submitted to the Chair of the Training Committee.
 - b. Applicant receives confirmation of reception.
 - c. The Chair of the Training Committee checks for completeness, and if complete a selection committee is formed (as above) and interviews arranged. All interviews are one to one, with each member of the Selection Committee.
 - d. The chair of the Training Committee brings the recommendation of the Selection Committee to a general meeting for ratification.

e. Applicant is advised of the results within a week of this meeting.

III. Training requirements:

Candidates will be in personal analysis with a NAAP analyst throughout their entire training period. A request for an IAAP member analyst from another association: is considered by the Training Committee on an individual basis. It is recommended that part of the analysis is with a male and part with a female analyst. At the time of completion of the training, the candidate will have no less than 400 hours of analysis.

The training is structured around seven core themes, wherein the fundamentals of analytical psychology are addressed as well as recent developments:

- History of Analytical Psychology
- The structure and dynamics of the psyche
- Diagnosis and psychodynamics of psychopathology/clinical picture
- Developmental perspective
- The individuation process and its symbols
- The therapeutic relationship
- Working with the unconscious

1. First stage of training:

This period of training is in preparation for the intermediate exams. It shall be a minimum of four semesters. Prior to the exams the student has the status of First Phase Candidate.

a. First Phase Candidate will attend seminars (on the topics described above).

b. Papers related to the seminars are required during this period, which will be reviewed in dialogue with the leader of the seminar.

c. Intermediate examinations:

There will be two oral exams, structured around the seven core themes. Six weeks prior to the exam, the candidate has an introductory meeting with each examination team; the team explicates the topics for each exam, with the possibility of a written assignment to be used as the basis for the exam. There is a pass/fail evaluation.

2. Second stage of training:

This period of training is in preparation for analytic practice. It shall be a minimum of four semesters. It begins with the successful completion of the first stage of training and admission to supervised case-work.

Procedure for promotion to the second stage of training:

- One to one interviews with the candidate's Selection Committee. Their joint advice to promote the candidate is conveyed to the Chair of the Training, this advice is prior to scheduling the intermediate exams.

- Confirmation of completion from seminar leaders is submitted by the candidate to the Chair of the Training Committee.
- Confirmation of successful completion of the intermediate exams by the examination teams are conveyed to the Chair of the Training Committee.
- The candidate is promoted to the status of Second Phase Candidate by the Training Committee.

a. Second Phase Candidate will prepare a presentation for the community of analysts and candidates. This will be on some area of the candidate's creative life/individuation experience and is meant to provide an arena for expression (and therefore will not be evaluated or graded).

b. Second Phase Candidate will attend seminars.

c. Papers are required during this period based on the seminars, which will be reviewed in dialogue with the leader of the seminar.

d. Second Phase Candidate will be in control supervision throughout the second stage of training. There will be a minimum of 120 hours of control (one to one) supervision, with a minimum of two supervisors (supervisors are 'training' analysts with a minimum of five years experience). As a general guideline there is one supervision hour to every four hours of case analysis.

e. Attendance and presentations at ongoing case colloquia (group supervision with a training analyst) are required. Minimum sessions required are 20, in addition, 10 sessions psychoanalytic technique and method.

f. Final exams:

i. Final exams will be held twice annually, in the fall and in the spring, with a pass/fail evaluation. A failed exam may be retaken once. Final exams are oral and administered by two analysts.

ii. There will be two exams:

1. Case exams based on case reports: one long case of minimum 90 hours and two cases of minimum 20 hours each.

2. Thesis exam: application of a theme from analytical psychology to a case. In preparation, three months prior to exam discussed with assigned examiner.

IV. Formal completion and acceptance into NAAP membership:

Procedure:

1. Confirmation of completion from seminar leaders, supervisors (individual and group) personal analyst(s), case exam, and final thesis exam are submitted by the Second Phase Candidate to the Chair of the Training Committee.

2. The Training Committee will bring out their recommendation to the General Meeting for candidates who have completed all of the requirements as described above and acceptance will be voted upon (by simple majority).

3. Candidate signs the Ethics Code.

4. The formal welcome is subsequent to the General Meeting.

End of Training Regulations (see “Opleidingsreglement (2018)” for more detail)