

MARK WINBORN

**LIBER NOVUS & THE METAPHORICAL PSYCHE:
REVISIONING THE RED BOOK**

The publication of Jung's *Liber Novus* was met with intense curiosity and excitement. It offered a window into Jung's inner experiences and the possibility of revealing links between Jung's theories, his personal experience, and his prophetic vision. For many readers, the publication of *Liber Novus* has provided these connections. Some readers assert that Jung's *Collected Works* can no longer be fully understood without being framed by the contents of *Liber Novus*. However, around the time of publication of *Liber Novus* a significant re-examination of Jung's concepts of archetypes and the collective unconscious was underway. Additionally, there has been an explosion of research on metaphor as the primary avenue by which human experience is digested and communicated. My work uses *Liber Novus* as a springboard to propose an re-centring of Analytical Psychology from a psychology centred on archetypal theory to one centred on metaphoric processes in the psyche. This re-centring has useful implications for the practice of Jungian analysis, for our interactions with other psychoanalytic schools of thought, and our capacity to interact more effectively and meaningfully with the world in which we are engaged.

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